



THINK SAFETY

THE CRASIF CONNECTION

MIOSHA HEALTH REGULATIONS Chapter 24.1 - First Aid

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Under the *MIOSHA General Industry Occupational Health Standards - Part 472, Medical Services and First Aid*, all employers who do not have medical services (clinic, ambulance, hospital, etc.) readily accessible (within 3-4 minutes travel time) must have a person or persons adequately trained to render first aid.

The Michigan Department of Energy, Labor, and Economic Growth, MIOSHA, interprets "readily accessible" as within 3-4 minutes travel time. Most, if not all, Michigan counties have remote areas requiring road commission employees to work more than 3-4 minutes away from medical services (clinic, ambulance, hospital, etc.). This necessitates the training of personnel in first aid.

First aid trained personnel who are expected to provide first aid to other employees must also be given access to first aid supplies and be trained in Bloodborne Infectious Diseases. Compliance with *MIOSHA General Industry Occupational Health Standards - Part 554, Bloodborne Infectious Diseases* is necessary if you have designated personnel to provide first aid services. A written Bloodborne Infectious Diseases exposure control plan must be developed by the employer.

If you do not wish to designate and train employee first aid providers, a policy should be developed stating such. In this case, off-site sources within 3-4 minutes response time must be relied on for provision of first aid services, and absolutely no employees have responsibility to provide first aid to co-workers. The employer should ensure that an off-site responder (e.g., ambulance service) is able to handle medical emergencies and is familiar with the facility location as well as ensure a 3-4 minute response time. It is strongly recommended that this policy be in writing, clearly communicated to all employees, and enforced. This will reduce confusion regarding compliance with the bloodborne infectious diseases rules.

Regarding compliance with the bloodborne infectious diseases standard, so long as a policy (as described above) is in place, employees can use the kits themselves to treat minor injuries without the employer complying with the bloodborne infectious diseases standard.

Note: MIOSHA does not approve first aid kits or state the required contents of a first aid kit. However, listed below is a *suggested* first aid kit inventory list. The list is included in the CRASIF Safety Manual.

Recommended First Aid Kit Inventory

- Adhesive bandages (various sizes)
- Antiseptic solution
- Ammonia inhalant
- Mild soap
- Antiseptic swabs
- Elastic bandage
- Gauze pads (various sizes)
- Metal splints
- Gauze bandage
- Aluminum splint
- Triangular bandage
- Scissors
- Forceps
- Tweezers
- Eye dressing
- Cleansing tissue
- Eyewash solution
- Burn treatments
- Surgical gloves,
Nitrile or Latex
(3 sizes-Med., Lg.
and X-Lg.)

Visit our web site at www.CRASIF.org. Please call if we can be of any assistance in managing your risk.